

Direct Free Kicks (DFK)

Restart: From location of foul/offense unless if in opponent's penalty area then is a penalty kick. A goal may be scored directly.

1. Kicks (or attempts to)
2. Trips (or attempts to)
3. Strikes (or attempts to)
4. Jumps at
5. Unfairly charges (fair is shoulder-to-shoulder, within reach of the ball, by a defender)
6. Pushes
7. Tackles
8. Holds an opponent (e.g., grabs jersey, arm, shoulder) or impedes with contact
9. Spits at an opponent
10. Handles the ball deliberately (includes goalkeeper when ball is outside the penalty area)



Trips



Jumps at



Pushes



Holds



Kicks



Strikes



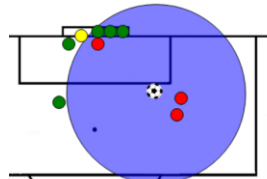
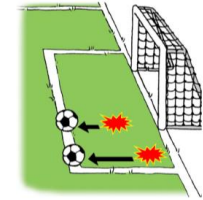
Unfairly charges



Tackles

Indirect (IFK) Free Kicks

Restart: From location of foul/offense unless if in opponent's goal area then is taken at top of goal area. Indirect free kicks needs to touch any other player before going into the goal. If it doesn't, a goal kick is awarded.



Defenders can be inside the required distance if on the goal line between goalposts

ALL PLAYERS

1. Plays in a dangerous manner (e.g., high kick, plays ball while on ground, tries to head a low ball)
2. Impedes progress of an opponent without contact (e.g., slowing down an attacker trying to get the ball rolling towards the defending goalkeeper)
3. Prevents goalkeeper from releasing the ball
4. Misconduct (caution/sendoff) where a DFK is not awarded (e.g., dissent, foul/abusive language)
5. Double-touch on all restarts except dropped ball: KO, TI, CK, GK, PK, DFK, IFK
6. Offside



Dangerous Play



Impeding

GOALKEEPER

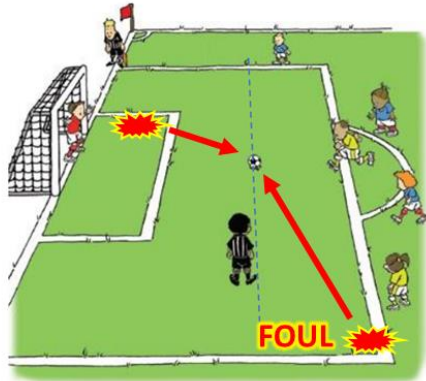
7. Controls the ball with hands for >6 sec
8. Touches the ball with hands after releasing it before the ball touches another player
Unless the goalkeeper has clearly kicked or attempted to kick the ball to release it into play, touches the ball with hands after:
9. It has been deliberately kicked by a teammate
10. Receiving it directly from a throw-in by a teammate



Prevent Goalkeeper Releasing Ball

Direct Free Kicks (DFK) in the Penalty Area

For the ATTACKING TEAM



A penalty kick (PK) is awarded if there is a direct free kick offence within the offender's penalty area.

Depth	9U, 10U	11U, 12U	13U+
Penalty Area	12 yds	14 yds	18 yds
Penalty Spot	10 yds	10 yds	12 yds
Goal Area	4 yds	5 yds	6 yds



All other players are outside the Penalty Area, outside the Penalty Arc and behind the ball.

Review the Laws for the proper restart if players cross the line before the kick is taken.

For the DEFENDING TEAM

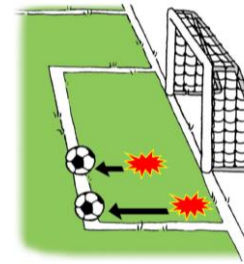


All attackers must be 10 yards away and outside the penalty area when the DFK is taken.



Indirect (IFK) Free Kicks in the Penalty Area

For the ATTACKING TEAM



If an IFK is given to the attackers inside the defender's goal area, the ball is placed on the goal area line closest to where the foul or misconduct occurred.

Opponents may be closer than 10-yds to an IFK, but only if they are standing on their own goal line and between the goal posts.



If the referee forgets to raise an arm straight overhead and a goal is scored directly, the indirect free kick must be retaken.

For the DEFENDING TEAM



All attackers must be 10 yards away and outside the penalty area when the IFK is taken.

